



## **Night Rowing Policy.**

Night rowing is only allowed at Northwich Rowing Club with the following restrictions.

- Each outing must have explicit permission from the Club Captain.
- The correct lights must be fitted to the boat.
- Only experienced and competent rowers and coxes.
- Juniors are not permitted to row at night.
- There must be a clear understanding of the specific hazards posed by rowing at night.
- No more than two boats may be on the river at a time.
- All rowers must wear high vis tops.